



Niagara Nutrition Partners

Niagara Nutrition Partners is a region-wide initiative that facilitates Student Nutrition Programs in both elementary and secondary schools.

Welcome to Kindergarten!

NNP contributes to a child's ability to learn by providing access to healthy **BREAKFASTS**, **LUNCH**, and **SNACKS** to all students. Studies show that children and youth who are well-nourished perform better at school, are able to concentrate longer, have higher self esteem and lower rates of absenteeism. Providing a universal student nutrition program does more than just alleviate in-school hunger.

Everyone can make a difference by
Sprouting healthy relationships with food and
being involved with a school nutrition program

Volunteer Opportunities

Menu Planner
Grocery Shopper
Food Prep/Food Server
Record Keeper
Nutrition Program Cook
Fundraiser

**Contact the school
office for more information.**

Short on time?

Donate food or supplies
Host a fundraiser
Contribute Financially

Did you know?

Student Nutrition Programs...

- Encourages all students to participate
- Improves attendance and punctuality
- Increases understanding of how healthy eating habits affect energy levels
- Improves behavior and increases concentration, leading to greater achievement